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CHILDHOOD HISTORY FORM

Thank you for your patience and hard work in filling out this form. It will help me in my work with you and your child.

Child's Name: _____
Birth Date: ____/____/____ Age _____ Gender: _____
Person completing this form: _____ Phone: _____
Child's School: _____ Grade: _____
Special Placement (if any): _____

How many people live in the household? _____
Child is presently living with:
____ Natural Mother ____ Natural Father ____ Stepmother ____ Stepfather
____ Adoptive Mother ____ Adoptive Father ____ Foster Mom ____ Foster Dad
____ Other (specify) _____

Briefly state main problem of your child: _____

Is your child adopted? _____ If so, briefly describe the circumstances of the adoption:

If adopted, do you have the background history on the child? _____

PREGNANCY:

Was this pregnancy planned? _____
During this pregnancy was the mother under a doctor's care? _____

Check any that apply for this pregnancy:	<u>Please Describe</u>
____ Anemia	_____
____ Elevated Blood Pressure	_____
____ Toxemia	_____
____ Bleeding	_____
____ Excessive Nausea/Vomiting	_____
____ Injury	_____
____ Infections	_____
____ Operations	_____
____ Hospitalizations	_____
____ X-rays	_____
____ Medications Taken (list)	_____
____ Emotional Problems	_____
____ Threatened Miscarriage	_____
____ Premature Labor	_____
____ Severe Emotional Distress	_____
____ Other _____	_____

PREGNANCY CONTINUED:

(Please complete the following questions regarding this pregnancy with **Y** for yes and **N** for no)

Smoking during pregnancy? ____ Number of cigarettes per day? ____
Amount of alcohol consumed during pregnancy? ____
Other drugs used during pregnancy? _____

BIRTH HISTORY:

Mother's age at time of birth? ____ years
Father's age at time of birth? ____ years
Was your child premature? ____ # of weeks ____
Was your child born late? ____ # of weeks ____
Was labor induced? ____ Was induced labor planned? ____
Was the mother under anesthesia during childbirth? ____
If yes: ____ Local ____ Spinal ____ General
Was this a breech (feet first) delivery? ____
Were forceps or suction used? ____
Was the delivery unusual in any way? ____ How? _____

Was your baby born cesarean? ____ If yes, please describe any complications _____

Did your baby have: Any injuries during delivery? ____
Breathing problems? ____
Problems with infection ____
Me conium (baby's stool) present? ____

Was your baby normally active? ____
Birth Weight? _____ Apgar Scores (if known) _____
Were any birth defects evident? ____ If so, please describe _____

Number of days your baby was in the hospital after delivery? _____
Please add any comments regarding the pregnancy or delivery:

INFANCY PERIOD:

Did the mother have problems with depression after the birth? _____
If so, please briefly describe: _____

Did either parent have significant problems adjusting after the birth? ____ If so, please briefly describe:

INFANCY PERIOD CONTINUED:

Describe any physical or emotional separation from the caretakers in the first few years of life:

Was your child breast fed? _____ Bottle fed? _____

Were any of the following present – to a significant degree – during the first year of life? If so, describe:

_____ Did not enjoy cuddling	_____
_____ Was not calmed by being held	_____
_____ Difficult to comfort	_____
_____ Colic	_____
_____ Excessive restlessness	_____
_____ Excessive irritability	_____
_____ Sleep difficulties	_____
_____ Difficult nursing	_____

DEVELOPMENTAL HISTORY:

Motor Development (Sitting, crawling, walking)	Average__	Early__	Late__	Age__
Speech and Language	Average__	Early__	Late__	Age__
Self-Help skills (dressing, brushing, Hygiene, etc.)	Average__	Early__	Late__	Age__
Bowel Trained	Average__	Early__	Late__	Age__
Bladder Trained, Day	Average__	Early__	Late__	Age__
Bladder Trained, Night	Average__	Early__	Late__	Age__
Said alphabet in order	Average__	Early__	Late__	Age__
Began to Read	Average__	Early__	Late__	Age__

BEHAVIOR AND MOOD (INFANCY, TODDLER, PRESCHOOL):

Check all that apply and describe below as necessary:

___overactive/into everything	___wanted to be left alone
___under active/passive	___more interested in things than people
___able to play alone	___temper outbursts
___difficulty with attention	___severe tantrums
___easy to manage	___difficulties in interactions with others
___adaptable	___sleep difficulties
___deals well with frustration	___eating difficulties
___difficulty with changes	___rocking
___stubborn	___head banging
___curious	___staring spells
___dare-devil	___breath holding spells
___shy or timid	___moody
___affectionate	___happy
___playful	___fearful
___slow to warm up	___angry
___easily frustrated	___irritable
___sad	___aggressive/violent
___obsessive or compulsive	___stuttering/speech problem
___sensitive	___responds well to challenges
___empathic	___overwhelmed by challenges
___impulsive	___cautious

BEHAVIOR AND MOOD CONTINUED:

Please describe behaviors or moods that you checked on the previous page:

MEDICAL HISTORY:

If your child’s medical history includes any of the following, please note the age when the incident or illness occurred and any other pertinent information:

<input type="checkbox"/> hospitalizations	_____
<input type="checkbox"/> operations	_____
<input type="checkbox"/> handicaps or deformities	_____
<input type="checkbox"/> failure to grow	_____
<input type="checkbox"/> pneumonia	_____
<input type="checkbox"/> asthma	_____
<input type="checkbox"/> allergies	_____
<input type="checkbox"/> skin problems	_____
<input type="checkbox"/> diabetes	_____
<input type="checkbox"/> multiple ear infections	_____
<input type="checkbox"/> tubes placed	_____
<input type="checkbox"/> seizures	_____
<input type="checkbox"/> persistent high fevers	_____
<input type="checkbox"/> obesity	_____
<input type="checkbox"/> movement problems (tics, repetitive movements, etc.)	_____
<input type="checkbox"/> head injury (with loss of consciousness)	_____
<input type="checkbox"/> other physical trauma	_____
<input type="checkbox"/> coma	_____
<input type="checkbox"/> encephalitis	_____
<input type="checkbox"/> eye problems	_____
<input type="checkbox"/> hearing problems	_____
<input type="checkbox"/> anemia	_____
<input type="checkbox"/> stomach problems	_____
<input type="checkbox"/> constipation	_____
<input type="checkbox"/> poisoning	_____
<input type="checkbox"/> other _____	_____

Has your child ever had a neurological evaluation (exam, MRI, CAT Scan, EEG, etc.)? _____
If so, describe: _____

Has vision been tested? ___ Normal? ___ Date? ___

Has hearing been tested? ___ Normal? ___ Date? ___

List medication used in the past for over one month: _____

PRESENT MEDICAL STATUS:

Height _____ Weight _____ Medical Doctor _____

Present illnesses for which the child is being treated _____

PRESENT MEDICAL STATUS CONTINUED:

Date of last physical exam _____ Was blood work done? _____
Describe appetite and diet _____

Medications child is currently taking for medical problems _____

Allergies to medications _____

Frequent physical complaints: (check all that apply)

- Headaches Staring into space trouble hearing
- dizziness tiredness chest pain
- sleep problems difficulty breathing palpitations
- nightmares painful urination skin problems
- stomach aches trouble with vision menstrual problems

COORDINATION

Handedness left right both

Rate your child on the following skills:			
	Good	Average	Poor
Walking			
Running			
Throwing			
Catching			
Shoelace tying			
Buttoning			
Writing			
Athletic abilities			

Does your child have an excessive number of accidents compared to other children? _____ If yes, describe _____

COMPREHENSION AND UNDERSTANDING

Do you consider your child to understand directions and situations as well as other children his or her age?
If not, why not? _____

If your child tells a story about a show, event, etc. do you or others have difficulty understanding him/her?
If yes, is it because is it because they: (Check all that apply)
 appear confused are disorganized
 leave out important information have trouble finding the right words
 loose train of thought

COMPREHENSION AND UNDERSTANDING CONTINUED:

Does your child have trouble remembering things that she/he really cares about? _____
 Please Describe: _____

Does your child have difficulty following routines (bedtime, dressing, etc.)? ___ Please describe: _____

Does your child frequently loose things or have trouble being organized? ___ Please describe: _____

How would you rate your child's overall level of intelligence compared to other children?
 Below average _____ average _____ Above average _____

SCHOOL HISTORY

Did your child attend daycare or preschool? ___ If yes, give approximate number of hours per week. _____

What are your current care arrangements for your child before and after school? _____

Has your child experienced any problems in these child care settings (behavioral, developmental, peer related)? ___ If so, please explain: _____

Beginning with kindergarten list school and indicate your child's academic and behavioral performance:							
Grade	School	Academic Performance			Behavioral Performance		
		Poor	Fair	Good	Poor	Fair	Good
KG							
1 st							
2 nd							
3 rd							
4 th							
5 th							
6 th							
7 th							
8 th							
9 th							
10 th							
11 th							
12 th							

Does your child have any known learning disabilities? ___ If yes, please list _____

Has your child been in any special programs (speech, reading, occupational therapy, etc.)? ___ If yes, explain and list grades _____

Has your child ever had to repeat a grade? ___ If yes, please explain: _____

CURRENT ACADEMIC PERFORMANCE

___ Excellent ___ Good ___ Satisfactory ___ Unsatisfactory ___ Failing

Does your child enjoy school? _____

School subject strengths: _____

School subject weaknesses: _____

Check any of the following problems your child has with school:

- | | |
|-------------------------------------|--|
| ___ poor reader | ___ non-compliant in class |
| ___ poor math | ___ oppositional with teachers |
| ___ poor spelling | ___ skips school |
| ___ poor handwriting | ___ incomplete classroom work |
| ___ problem with written language | ___ excessive time to complete assignments |
| ___ frequently sent out of class | ___ test anxiety |
| ___ does not remain seated | ___ does not do homework |
| ___ impulsive | ___ starts but does not finish homework |
| ___ forgets instructions | ___ fails to check homework |
| ___ interferes with other's tasks | ___ difficulties in groups |
| ___ requires additional supervision | ___ difficulties with peers |
| ___ talks out inappropriately | ___ poor attention |
| ___ daydreams | ___ frequent suspensions |
| ___ makes careless mistakes | ___ expulsions |
| ___ messy and disorganized | ___ aggressive/violent |

Is your child involved in extracurricular activities? ___ If yes, please describe: _____

PEER RELATIONSHIPS

Does your child seek friendships with peers? ___

Is your child sought by peers for friendship? ___

Check any of the following which describes your child's interactions with peers:

- | | |
|---|---|
| ___ No problems | ___ aggressive or mean |
| ___ Cooperative | ___ frequent arguments |
| ___ Supportive | ___ frequent fights |
| ___ Shares well | ___ bossy and controlling |
| ___ Plays well in groups | ___ teasing |
| ___ Plays primarily with younger children | ___ jealous |
| ___ Plays primarily with older children | ___ involved in risky or dangerous behavior |
| ___ Rejected by other kids | ___ bullied by other kids |
| ___ No friends | ___ involved in alcohol or substance abuse |
| ___ Loses friends | ___ involved in delinquent behaviors |
| ___ Trouble making friends | ___ bragging/boastful |
| ___ Afraid other kids don't like him/her | ___ uncooperative |
| ___ Easily led by others | ___ feelings hurt easily |

Make any additional comments regarding your child's interactions with peers: _____

FREE TIME:

Please describe how your child generally spends her/his free time (i.e. plays alone, friends, sports, T.V., video, etc.): _____

Please list approximate number of hours per day your child watches TV and the type of shows watched:

Please list approximate number of hours per day your child plays video games and the type of games played: _____

INDEPENDENT ACTIVITIES:

Please describe your child's ability to function in an independent manner: _____

BEHAVIORS, MOOD, ATTITUDE:

How would you describe your child's conscience?

___normal ___lax ___harsh ___preoccupied with certain issues

Do you have any concerns about your child's self esteem? ___ If yes please describe _____

Do you have any concerns about your child's sexual knowledge or awareness? ___ Gender identity? ___ Sexual orientation? ___ If yes, please describe _____

Please check off any of the following that your child has experienced, to a significant degree (currently or in the past):

- | | |
|--------------------------------|------------------------------------|
| ___ Bed wetting | ___ fearful |
| ___ Soiling | ___ secretive |
| ___ Sleep problems | ___ self conscious, embarrassed |
| ___ Eating problems | ___ shy, withdrawn |
| ___ Significant weight change | ___ anxiety, panic |
| ___ Involuntary vocalizations | ___ obsessive compulsive behaviors |
| ___ Sexual problems | ___ depression |
| ___ Immaturity | ___ crying episodes |
| ___ Oppositional, defiant | ___ extreme moodiness |
| ___ Frequent arguing | ___ irritability, anger |
| ___ lying | ___ impulsiveness |
| ___ stealing | ___ explosive episodes |
| ___ cruelty to animals | ___ aggression, violence |
| ___ fire setting | ___ property destruction |
| ___ suspicious, distrustful | ___ running away |
| ___ poor motivation | ___ trouble with the law |
| ___ change in personality | ___ self destructive behaviors |
| ___ strange ideas or behaviors | ___ suicidal talk or behaviors |
| ___ hallucinations | ___ frequent accidents |
| ___ alcohol abuse | ___ guilt |
| ___ other _____ | ___ hopelessness |

BEHAVIORS, MOOD, ATTITUDE CONTINUED:

Please express any additional concerns regarding your child _____

Please list your child's strengths (i.e. academic, athletic, personality, creative, funny, etc.) _____

PREVIOUS TREATMENT:

Has your child ever received any type of psychiatric, psychological, or academic evaluation or treatment?
If yes, please fill in the following:

Person or Institution	Dates	Address	Phone #

Has your child ever taken psychiatric medications? ____ If yes, please list:

Problem	Medication	Dose	Date started	Date stopped	Side effects	Response

FAMILY HISTORY:

Biological Mother's Name: _____ Age: _____
Occupation: _____ Ethnic Background: _____
Highest Grade Completed: _____

Has the biological mother or any of her blood relatives experienced any of the following psychological or emotional difficulties? (Please check off and list the person who had or has the problem)

- Depression _____
- Suicide or suicide attempts _____
- Anxiety disorders _____
- Psychosis or severe thought problems _____
- Aggressive or violent behaviors _____
- Autism _____
- Mental retardation _____
- Attention difficulties _____
- Learning disabilities _____
- Physical or sexual abuse _____
- Alcohol abuse _____
- Other drug abuse _____
- Social difficulties _____
- Legal trouble _____
- Other _____

FAMILY HISTORY CONTINUED:

Please list siblings:

Name	Age	Blood/step sibling	In Home (Y or N)

Have any of the siblings had any psychological or emotional problems, suicide or suicide attempts, attention or learning difficulties, legal problems, alcohol or substance abuse, social difficulties, or medical problems? If so, please state who and the nature of the problem(s): _____

Other relative or persons living in the home: _____ If yes, please explain: _____

Please list current (or past) significant areas of conflict in the home between your child and others:

Please list the types of discipline you've tried with your child and their effectiveness: _____

Please check any of the following significant events that have occurred within your family and briefly describe:

- death of a family member or close person _____
- significant moves _____
- trauma _____
- divorce/separations _____
- serious illness of a family member _____
- military involvement _____
- parental unemployment _____
- financial stress _____
- trouble with the law _____
- other _____

SPIRITUAL ORIENTATION:

Please list your spiritual orientation or religion: _____

How active are these beliefs in your life?

- Very Active Somewhat Active Not very Active

Please make any additional comments you wish regarding your child and/or family: